



# The Blue Beret

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of the United Nations Force in Cyprus.

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1971



## FORCE COMMANDER VISITS AUSTRIANS

Last week Major General D. Prem Chand paid a visit to the Austrian Civilian Police Contingent in their quarters at Blue Danube Camp in Nicosia.

● The Force Commander shakes hands with Senior Constable A. Gruener during his inspection of the detachment.

● The General is seen talking to the Austrian Police Commander, Major W. Beier (back to camera). Also in the picture are Captain R. Trummer and 1st Lieutenant W. Fallmann.

## HOW TO AVOID MIDSUMMER MISERY

Heat exhaustion is a condition usually found in the unfit, the unacclimatized or those who attempt too much under hot humid conditions or when wrongly dressed.

The only method of keeping the body temperature at a constant level in a hot environment is by evaporating sweat. Consequently not only should the body be given every chance to sweat freely but

also, the sweat must be able to evaporate, this process however depletes the stores of body fluids, consequently it is necessary to drink freely to restore equilibrium.

Heat exhaustion is caused by a shortage of body fluids which results in the blood becoming more viscid, thus putting additional strain on the heart since thick blood is harder to pump through the blood vessels than is normal blood. The sufferer feels exhausted and faint, looks pale and cold but may be sweating. He frequently faints.

Consequently first aid lies essentially in giving plenty of fluid, salted water is unnecessary and may be harmful. Removal to a cool sheltered spot in a breeze and loosening or removing excessive clothing, by reducing the need to sweat, conserves body fluids.

It is best prevented by



maintaining a high degree of fitness. The new arrival from cooler countries should work up his fitness over his first month by gradually increasing the amount of exercise taken. Initially the hotter parts of the day (0800-1600 hrs) should be avoided. Clothing should be light and loosely fitting. Finally an ample fluid intake is essential to keep pace with that lost through sweating. Drinking should not be confined to the evening but maintained steadily throughout the

day. Alcohol is best avoided except in the cool evening.

The amount of fluid required is that which taken at an even rate throughout the day produces three pints of urine.

Smaller quantities of urine, being highly concentrated, can cause urinary colic and may result in urinary stone formation.

Vomiting and diarrhoea, by causing a serious loss of fluid are a signal to avoid strenuous exercise.

## UNFICYP ON THE AIR

A programme entitled "The UN Force in Cyprus" which features a series of recorded interviews with senior officials of UNFICYP has been released by the UN Information Services as number 23 in their series of programmes entitled "Perspective".

The programme will be heard in many countries. Many members of UNFICYP had the opportunity to listen to it last week when it was broadcast in English over Cyprus Radio.



## KAPTAJN HELGESEN DEMONSTRERER DET DRABELIGE KAST



## DET STURE STURE INDISKE REBTRICK



● Hygge demonstrerer her den rette udførelse af dette imponerende illusionsnummer, som med rette har vakt forundring, så længe som det har været kendt. Billedet er taget, efter at han er nået et godt stykke op over trætoppene.

Rent undtagelsesvis har han ikke Ella med sig, men det skyldes udelukkende, at det allerede i forvejen er svært nok at overbevise folk om, at nogen virkelig kan klatre op ad et i luften fritstående reb. Hvis man ydermere havde set en hund komme spadserende op ad det bagefter ham, så ville ingen have troet det, til trods for, at fotografier som bekendt aldrig lyver.

## — MENS ANDRE HAVDE HELIKOPTER TRÆNING



I forrige uge havde LKMP helikoptertræning med indøvelse af de forskellige discipliner, der hører her ind under.

På billedet herover ses KS Bergenholz og Søderberg plus en mere, der efter omstændighederne ikke lader sig identificere, eftersom han vender en ende til, som ikke adskiller sig så forfærdeligt meget fra alle andres. Holdet er under samling, mens de venter på SG Christensen, som netop er ved at



DANCON

## SCT. HANS - AFTENS - HYGGE



← ● Blandt tilskuerne ses SG Christensen og KS Bergenholz Madsen og F. Larsen.

● Sct. Hans-aften blev fejret i lejrene med bål,øl og pølser. Vi bringer et par billeder fra Xeros. Blandt dem, der gjorde sig det behageligt i lyset og varmen fra det blussende bål, ses bl.a. i forreste række KS Frost, Stauning, J. Nielsen (oliekongen) og A.A.Holst.

Vi fik ikke engang regn eller kulde, selv om det så også var Sct. Hans-aften, og vi endde tændte bål. Varmen var så behagelig, som den ellers ikke havde været hele dagen. De folk, der havde lavet bålet, havde efter omstændighederne sparet heksen. Til gengæld havde bål-tænderen et kort øjeblik næsten ingen jordforbindelse. -Da bålet var tændt, sang man midsommervisen, og præsten holdt en tale.... -Derefter forlod vor udmærkede depotofficer, PRLT Varsted, os en kort tid, mens en sød ældre dame optrådte på scenen med et par monologer og en sang. Det var synd for Varsted, at han ikke var til stede, mens hun var der, for jeg tror, at han ville have kunnet li' det. Vi andre lønnede dog fru/frøknen med velfortjent langvarigt bifald.

—KN H.C.Christiansens gardiner? Dem er der da ingen, der ved noget om!

● Også kostartisternes optræden blev værdsat efter fortjeneste. Her ses Tinglef, J.F.D. Jensen og K.E. Sveistrup i færd med at underholde KS Hedegård og Morthorst.



## NÄR SWEDCON FIRADE MIDSOMMAR

Midsommar! För svenska soldater någonting absolut nödvändigt. Många firade säkert helgen utomlands för första gången, under en sol som krävde extra dryck. I Chatos hade man ordnat ett separat firande där OP:na var reducerade. Likaväl som vi njöt av bordets fröjder på campen, fick 3:e pluton sin beskärda del av midsommarkakan. Inom parentes sagt är 3:e den pluton som "valt" att fira alla helger ute i distriktet. Lt Carl-Johan Lindelöw var styrkans "lekledare".

På campen inleddes firandet strax efter 15 då 1:a pluton i takt med trumslagare Anderssons glada virvlar anlände till festplatsen. Ett program föreförvisades som tränats in under hårda morgonpass. Många tyckte säkert att midsommaraften kom som en skänk från ovan: I fortsättningen slipper vi höra trumman vid 5-tiden på morgnarna! Fv Kurt-Lennart Larsson, iklädd sabel, syntes nöjd även med avmarschen i valstakt.

Mj Rune Arthursson tog därefter hand om dagens viktigaste övningspass: lekarna med barnen som han genomförde med den äran. För många kom helgens höjdpunkt först vid 18.30-tiden då det svenska smörgåsbordet serverades. Dans i elljus på tennisplan avslutade dagen.

Midsommaraften 1971 var över!

### SWEDCON NEWS

Swedish Forces Photos

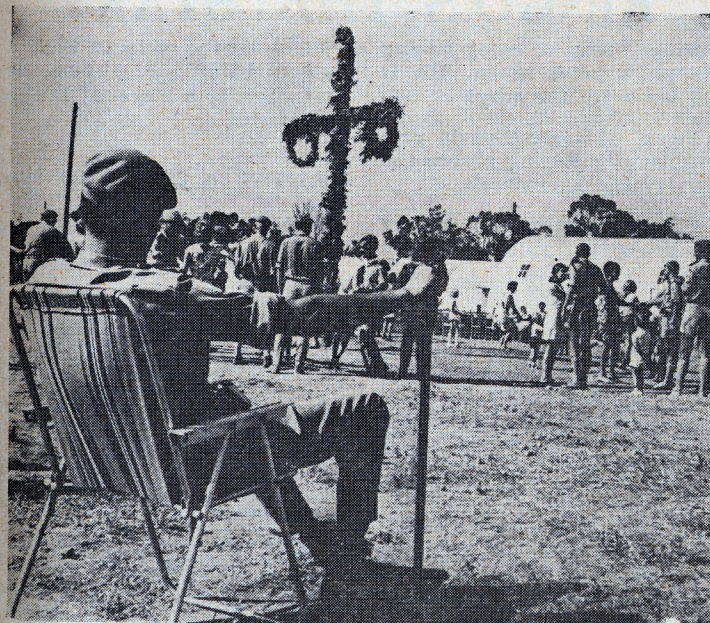


Diskussion pågår. Skall rättarna vara Varma eller skall maten serveras Kall! På bilden skjuter Kall varmt bröd!

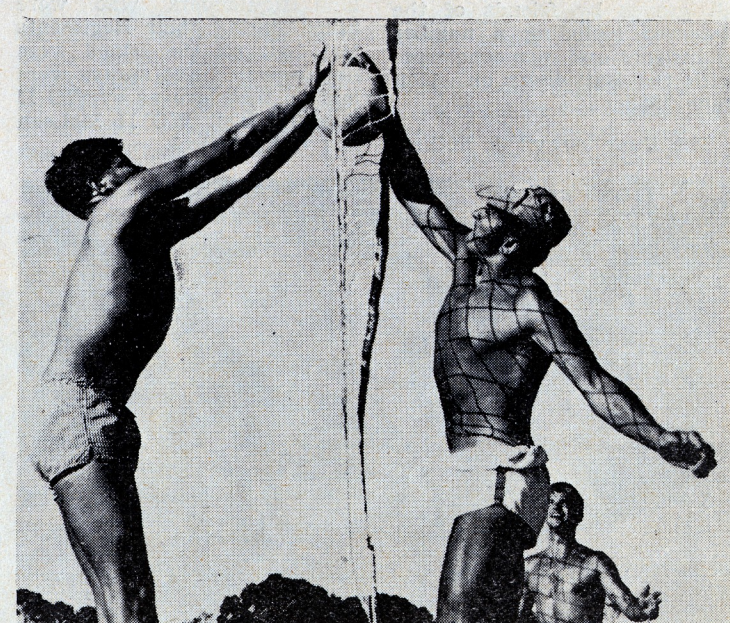
### I VECKAN

För första gången höll bataljon 46 en gudstjänst i Salamis. Det hände midsommardagens morgon när en styrka utgick från campen för att i den strålände morgonsol genomföra en annorlunda andaktsstund. På bilden t.v pastor Hansson själv framför antikens kvarlevor.

★ "Postis" ber att få göra anspråk på utrymme: Allt för många överdrag på FN-kontona har skett. En allmän skärpning erfordras därför beträffande kontobevisen. Anteckna därför direkt insättningar och uttag (även utbetalningsupdrag som gjorts av Postbanken) i kontobeviset och räkna ut det nya saldot. Eter hand som kontobeskedan anländer bör du "boka-av" summorna i kontobeviset.



● I förgrunden på bilden ovan, vår kompanichef som tvingades åse helgens midsommarafton från en stol, handikappad genom en benskada, orsakad av heroiska insatser på tennisplan. Troligtvis kommer mj Jeppson under den närmaste tiden att ha en del besvär med sitt nyopererade ben. Dock inte värre än att han åter befinner sig i tjänst, till en början enbart på expedition.



● Swedcon spelade i veckan sin andra organiserade match. i volleyboll Fincon var motståndare varför vårt eget lag mönstrade sin absolut bästa uppställning. Fincon vann första set och svenskarna kvitterade. Efter en kämpainsats vann vi även tredje set Där tog dock tyvärr "turen" slut. Enligt fu Sonestad vann finländarna sedan de följande två seten på bättre rutin. På bilden ovan fu Jönsson t.h.



## YOUR MONEY IS THEIR BUSINESS

It is the sort of team that one can expect to find wherever there are Military around! Your "Camp Bank" Manager will be delighted to talk over any problems you may have, entirely without obligation of course.

(Seated) Staff Sergeant Tom Hossett, leader of the Royal Army Pay Corps, in his area knows UNFICYP's special circumstances well. Accessible; 13 years experience of dealing with other peoples money, can give an immediate OK to big projects.

(Standing left) Sergeant Paul Morris, 10 years service behind him. Looks after day to day needs of Camp Staff and many other customers. A friend indeed to those in need!

(Standing right) Sergeant Holt, 8½ years service (six months in UNFICYP) which has given him invaluable insight and knowledge of local financial problems. The "Banks" regular contact with 1 Squadron RCT.

When in trouble consult the "Camp Bank" — a great British Bank!!



## MEMORIAL SERVICE

A short but moving memorial service was held at the Military Cemetery, Nicosia, on Thursday 17th June to commemorate all the Gordon Highlanders who died during the Battalion's last tour on the island.

17th June was the 16th anniversary of the death by forest fire of thirteen Gordons. WO II J Sharp, himself badly burned in the fire, was present at the service which was conducted by the Padre the Reverend David Reid.

The Commanding Officer was chief mourner and laid a wreath on behalf of the Battalion and sprays were laid on all graves by friends of the deceased including a number of officers and men who were with the Battalion on 17th June 1956.

The three Argyll & Suther-

land Highlanders who were killed during their Regiments last tour on the Island were not forgotten and sprays were laid on their graves by WO II Harkins MM, WO II McLean and C/Sgt Nicol.



## RINGO'S THE STAR

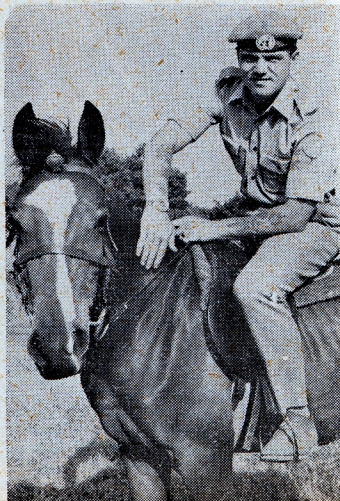
Ringo seems to enjoy having his photograph taken. He is the horse by the way!

Being photographed is preferable to galloping across the countryside he reckons.

Private D. Mitchell is one of the recently formed "Cavalry

Platoon" who reckons that a gallop before breakfast is preferable to a Physical Training session.

Perhaps a possible combination for next year's Badminton Horse trials?



## BRITCON NEWS

● Left to Right: Lieutenant R. D. Strachan, Colour Sergeant Nicol, Warrant Officer II Harkins MM, Warrant Officer II McLean, the Padre, the Reverend David Reid and Warrant Officer II Sharp. In the foreground Lieutenant Colonel J. R. A. MacMillan.

## VISITOR TO I GORDONS

Brigadier A. O. L. Lithgow MC paid a 3 day visit to the Gordon Highlanders last week his first official visit to the Battalion since their return from Germany in February this year.

During his visit he went round all outstations and spoke to as many of the soldiers as possible. He is seen here talking to Privates S. Christie and R. Walker at the Mandria Hill observation post in the Paphos District.



## LOUROUJINA CAMP

UN troops have been in Louroujina since May 1964. During those hectic days, the town was a potential flash-point and involved a full company of UN troops. The passage of time has seen the easing of tension between the two communities in the area, with a corresponding drop in UN strengths at the post. For a long while it was a platoon strength OP, but now it has been reduced to 2 N.C.O.s and 7 Privates.

Louroujina is manned by Ircan's Larnaca Company on a fortnightly rotation basis. The personnel are detailed from the company as a whole so for this reason, it is quite possible to get nine individuals



● Louroujina Camp.



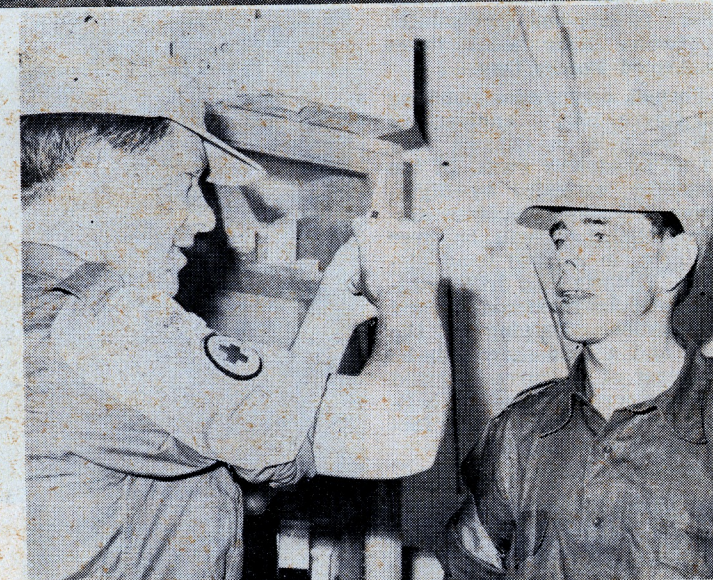
● Corporal Frank Wykes (Signals) at the Main Gate to the Camp.

high. There are films three nights a week, television reception is excellent in the area, and the men of Louroujina Camp keep themselves occupied all the time.

who barely know each other, but who will have to live in close proximity for a whole fortnight.

Now that OP Stavros has been unmanned, duties in Louroujina revolve around Camp security, patrols and watchkeeping. The surrounding hills are patrolled daily, a tedious, fatiguing but very necessary duty. Needless to remark, there are the inevitable "fatigues" to be done, and where the family is so small, there's a special requirement for every man to pull his weight.

For such an "ad hoc" collection of individuals, you find on every visit to Louroujina, that after a couple of days everybody is on good terms with everybody else and morale is



● Combine harvesters do absolutely nothing for telephone lines!! Linesmen Sergeant Mick Brady and Corporal Bill Doyle repair a break in the line between Louroujina and Dhali.

The tour of duty there only comes round once in their UNFICYP tour for most Ircan infantrymen soldiers, (it is more frequent for Signals and Medical personnel) and in many cases it remains in the mind as one of the most pleasant spells of duty during the six months out here.



## IRCON NEWS

● Medics become vitally important people in place like Louroujina. Private John Mooney (left) and George Nolan are no strangers to the place.



## JULY 1st CELEBRATIONS

On 20th October, 1871, the Canadian Armed Forces were formed with the establishment of two batteries of Garrison Artillery. 'A' Battery, School of Gunnery, was formed at Kingston, Ontario, with a detachment at Toronto and 'B' Battery at Quebec with detachments at St. Helens Island and Levis.

Their tasks included the care, protection and maintenance of forests, magazines, armament and warlike stores recently or about to be handed over to the Federal Government by Ontario and Quebec. They also served as Schools of Gunnery for the training of militaria artillery.

Three years later the batteries provided the nucleus to form the North West Mounted Police.

To mark this occasion thirty regular and militia artillery detachments across Canada fired twenty-one gun salutes at twelve noon local times on Armed Forces Day.

Formal ceremonies marking the forces 100th anniversary will be held in Ottawa July 1st at Landowne Park. In the ceremony, attended by dignitaries including Governor General Michener, will be over 700 men, in massed band displays, Victoria gun drills exhibitions of unarmed combat and gymnastics. Topping off the hour and a half show will be a flypast of 37 current armed forces aircraft including helicopters and a nine plane formation of CF-5 jets.



Members of the band of The Royal Regiment of Canada, in Cyprus to participate in the Canada Day celebrations gather at the parade square for a parade rehearsal.

### CANCON NEWS Canadian Forces Photos

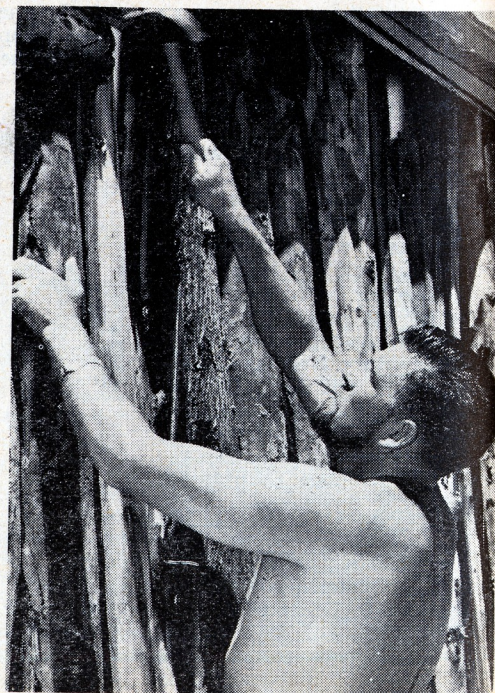
#### EVERYONE MOVES

When a Canadian Armed Forces 707 lands at the Nicosia terminal with one hour to turn around, everyone moves. Though accustomed to round the world air travel in a modern jet, ground transport is another dimension. Corporal G. H. Nash, of the Transport pool gives the stewardesses from Air Transport Command their first ride in a World War II jeep.

## PREPARING THE CELEBRATIONS

• Capt Bill Bewick, Major Keith Carbould and Private Jim Morton display some of the advertising material sent in from Calgary for the Canada Day celebration following a committee meeting at the Battalion Headquarters.

• Corporal Bill Singer, of the Pioneer Platoon, rushes construction on the westernization of the compound at Wolseley Barracks for the 1st of July celebrations.



## JUHANNUS FINCONISSA



Juhannus saarella: Puoli pataljoonaa Tjikkoksen lentopallokentällä.

Takana vas seisomassa spiikkeri Ltn Leukkunen.

Finconin juhannusta vietettiin kahdena päivänä. Perjantaina 25.6 oli Kykkoon kutsuttu 160 vierasta seuraamaan kokon polttoa. Lauantaina oltiin Tjikkoksessa pataljoonailtaa viettämässä.

Kaikista synkistä ennusteluista huolimatta kokon polttaminen ei päättynyt arpalon sammuttamiseen. Komeastihan se kokko paloi. Mahtoivat vieraat ihmetellä, sillä tämä on erityisesti pohjoismainen tapa. Kokkoja on poltettu pahojen henkien karkoittamiseksi, kunnes siitä myöhemmin muodostui puolikristillinen juhla, jota vietettiin Johannes Kastajan muistolle. Olisipa vielä ollut vieressä suomalainen järvi ja juhannuskoivuja!



Kykyjenetsintä johti tulokseen: ylik E Siekinen näpelöi hanuriaan

Pataljoonailtaan kerääntyi arviolta 120-130 henkeä. Majuri Rahikkalan toivotettua yleisön yti-

## HE OVAT OP:LLA



Sisäkuva Grazy Cornerista. Alik K Kähönen ottamassa yhteyttä radiolla jääk T Hintikan seurattessa tarkkana vierellä.

## FINCON NEWS

mekkästi tervetulleeksi Tjikkokseen kuultiin ja nähtiin yksiköiden ohjelmaa. Jälleen oli polkaistu maasta orkesteri tai pikemminkin trio, jossa esiintyvät kapteeni K. Niininen, ylikersantti E. Siekinen ja pastori P. Viitanen. Kakkosen pojat olivat valmistaneet pienen sketsin OP:n elämästä.

Ohjelman jälkeen nautittiin kentätalounas. Sen jälkeen seurasi omaa ohjelmaa kunnes paluukuljetukset lähtivät puolenyön paikkeilla. Monelle tämä oli varmasti ensimmäinen tilaisuus tutustua Tjikkokseen ja tavata muita virkaveljiä.

Kaikki vartiopaikat eivät ole yksinäisillä paikoilla. Ensimmäisellä komppaniolla on kaksi erillistä vartiopaikkaa, 120 ja 306. 120 on Trahonaksessa keskellä omakotiasutusta.

Crazy Cornerissa majailee kymmenkunta vartiojukkueen miestä. Osa on 306:ssa ja joku komento-paikalla. Vartiojoukkuetta johtaa luutnantti E. Iivonen. Pojat majailevat täällä kahdessa talossa. Matkaa lähimpään osapuolten hiekkasäkkivarustukseen on vain muutama kymmenen metriä. Istumme portailla ja juomme aamukahvia, kello on vasta vaille kahdeksan. Pykälästä hiljan tulleet kaiverit nukkuvat vielä. Katsellaan maisemia ympärillä: eipä näytä



Liisa-partio lähdössä kierrokselle. Kuvassa vas. jääk R Hatanpää, jääk A Härkönen, alik H Aho-nen ja jääk K Erkinheimo.

samalta kuin jossakin suomalaisella omakotialueella. Tunkioita, törkyä, ruskeaksi palanutta maata, nurmikkoja ei missään, ei myös kunnan lauta-aitoja. Puutavara on kallista, on halvempaa laittaa aidat piikkilangasta. Tulos ei juuri suomalaista silmää miellytä. Jääkäri Hintikka kaataa lisää kahvia. Jutellaan kotiasioita, mistä oloista itse kukin lähti tänne, miten pian aikoo takaisin. Rotaatiohan lähestyy koko ajan. Lähden katsomaan pykälämiestä. Parin sadan metrin päässä on vartiotorni. Kiipeän torniin, rautaiset tikkaat polttavat käsiä aurin-gossa. Ylhäällä ei olekaan niin kuumaa kuin luulin, tuuli viilentää. Pykälässä on jääkäri P. Taskinen, Tampereen poikia. Hän tuli tammikuun rotaatioissa eikä vielä ole lähdössä kotiin. Täällä Paskaojalla kaikuu suomen kieli: turkkilaiset ovat vuosien aikana oppineet aika paljon suomea. Tällä kohtaa tuo oja muodostaa vihreän linjan. Lammasslaumat ovat pahimpia linjan loukkaajia.

Onko "Paskaoja" vielä paikallaan vai onko sen joku koukannut?





# CANADA DAY

Five hundred guests, representing the two Cypriot communities, the eight countries on duty with the United Nations in Cyprus, personal friends and special guests are expected to fill Wolseley compound to celebrate Canada Day on 1st July.

It is a national holiday in Canada, officially recognized with formal receptions and dedications, street parades, military salutes and flag waving. Traditionally, families gather with their friends in distant cities or to picnics at the beach.

In western Canada, the home of the 1st Battalion, Princess Patricia's Canadian Light Infantry, Calgary, wears a ten gallon hat and extends a big friendly handshake to the visitor. For westerners, hospitality is their proudest asset, and the hallmark of Calgary's world famous Stampede.

Extending a friendly hand to visitors here in Cyprus will be the official host and senior Canadian military representative with the United Nations, Brigadier General E. M. D. Leslie. Representing Canada's Diplomatic Corps will be Miss Elisabeth Way, second secretary to the Canadian Ambassador in Israel, combining with the Contingent Commander, Lieutenant Colonel W. E. J. Hutchinson. The day will blast off with a Stampede Breakfast — western style.

Guests will return again at 1830 hrs to see one hundred

and twentyfive soldiers accompanied by the thirty-six piece band of the Royal Regiment of Canada parade at Camp UNFICYP to receive their UN medals. The sunset ceremony will be concluded with a Feu de Joie.

Following the parade at 2100 hrs, invited guests will return to individual receptions at the military messes in the Canadian Contingent.



The BLUE BERET is published by the Information Office of the United Nations Force in Cyprus, (UNFICYP). Communications, articles or enquiries should be addressed to:—  
The Editor

THE BLUE BERET  
HQ UNFICYP  
NICOSIA Cyprus



● Battalion Second in Command, Major Garry Hunt, Chairman of Canada Day celebrations, talks about the programme to reporter Judy Stone of the Cyprus Mail.

## MUSIC BY MOONLIGHT

The Royal and ancient city of Curium founded some 2000 years ago was one of the most magnificent and important centres in the ancient world. Something of the splendour and vitality of ancient Curium was reenacted last week when 2000 spectators packed the theatre to listen to the music of the combined band of the 1st Battalion The Gordon Highlanders and the 1st Battalion Prince of Wales own Regiment of Yorkshire.

Stirred by the splendid performance of the bands and the superb setting of the theatre on a warm summer evening, the audience responded by giving the musicians a well deserved standing ovation at the conclusion of the concert.

We can now look forward with excitement to 15th July

when the Band of the Gordons together with the Pipes and Drums of the Regiment and Dancers will be giving another public performance at Curium. We hope that many members of UNFICYP will be able to go along and support their own "Blue Beret" band.

Music lovers should also make a note of 5th July when the Curium Music Society will be presenting their next recorded concert by moonlight.

At the other end of the island, in the ancient amphitheatre of Salamis, the third moonlight concert of the season, consisting of a programme of Beethoven music, will take place on 7th July. Both concerts begin at 8.00 p.m. Remember to take your cushions, your picnic suppers and some wine!

## 644 SIGNAL

## TROOP SINGLE

## WICKET

## CHAMPIONSHIP

The unpredictability of single wicket cricket was demonstrated to its fullest when 644 Signal Troop played at the Nicosia dustbowl on Tuesday 22nd June. Last year's winner, Captain George Finney, was unceremoniously dismissed in the first round leaving Sergeant Bob Anderson the final favourite. However, the second round saw Anderson completely vanquished by Signalman Phil Atkinson. Meanwhile, steady progress through the preliminary rounds saw Corporal Jim Taylor into the final, while a less refined, though effective performance carried Signalman Mick Desborough through as his opponent.

Much against all predictions, Desborough finally defeated Taylor by 14 runs to 13, the decisive run being taken on his penultimate ball, and against all the odds. The winner was afterwards presented with a suitable reward.

### MP NOTEBOOK

#### ACCIDENTS — UNFICYP

Week Ending  
26 Jun 71 — 3

Same Period

Last Year — 5

Total This Year — 144

Same Period

Last Year — 177

Main Cause Of Accidents This Week:

SPEED TOO FAST FOR  
ROAD CONDITIONS.